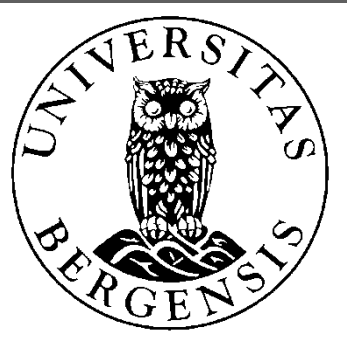


# Balanced harvesting in fisheries: the inverted food pyramid

Jeppé Kolding, University of Bergen

Eufishmeal Conference 2015, Iceland 27. August





The oceans contribute 50% of the global biological production

But humans only collect 2% of our food from the oceans.



Unutilized?



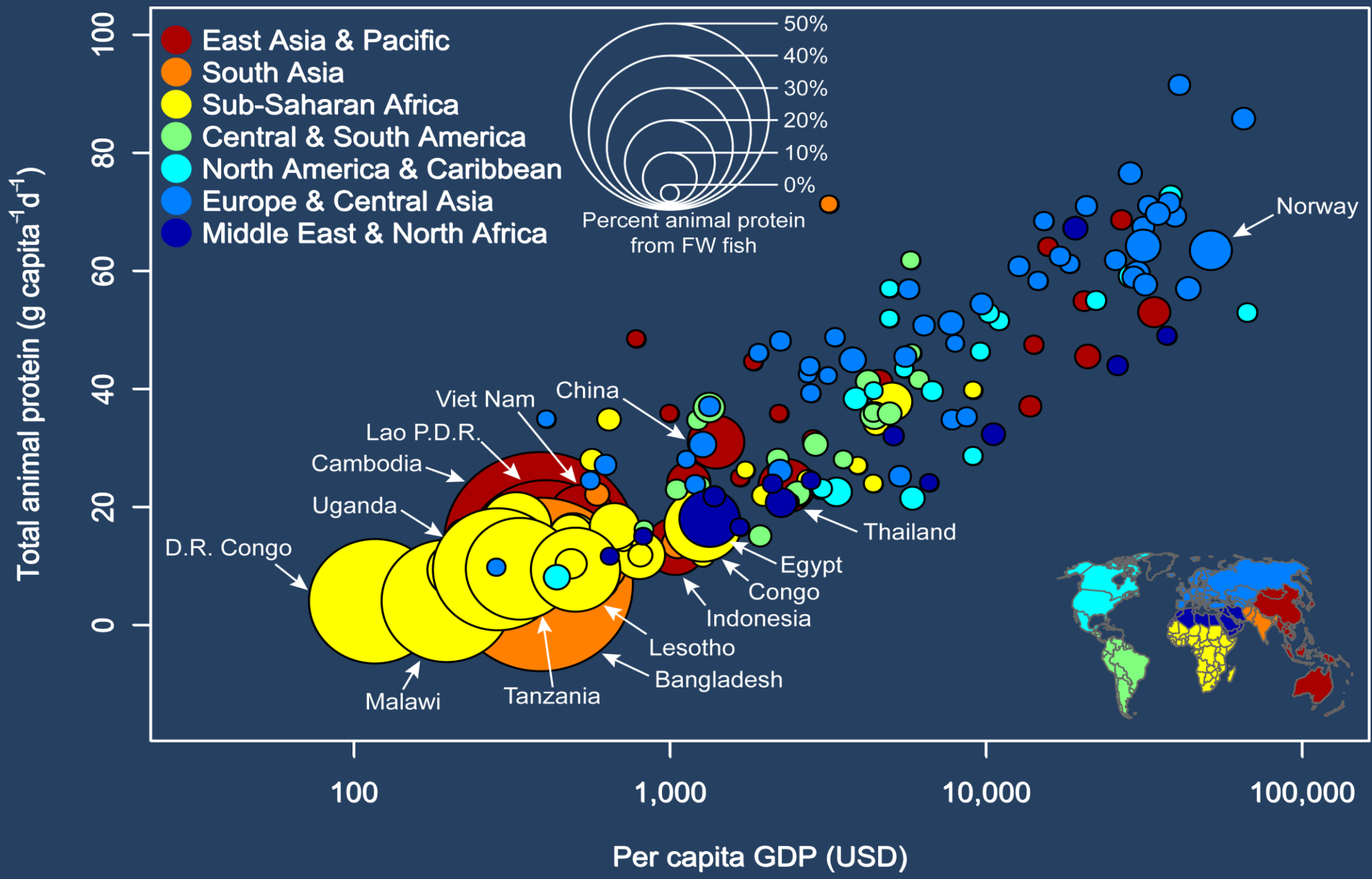
➤ **1,000**  
Google scholar  
hits for  
**fisheries  
crisis**

# Still Waters: The Global Fish Crisis

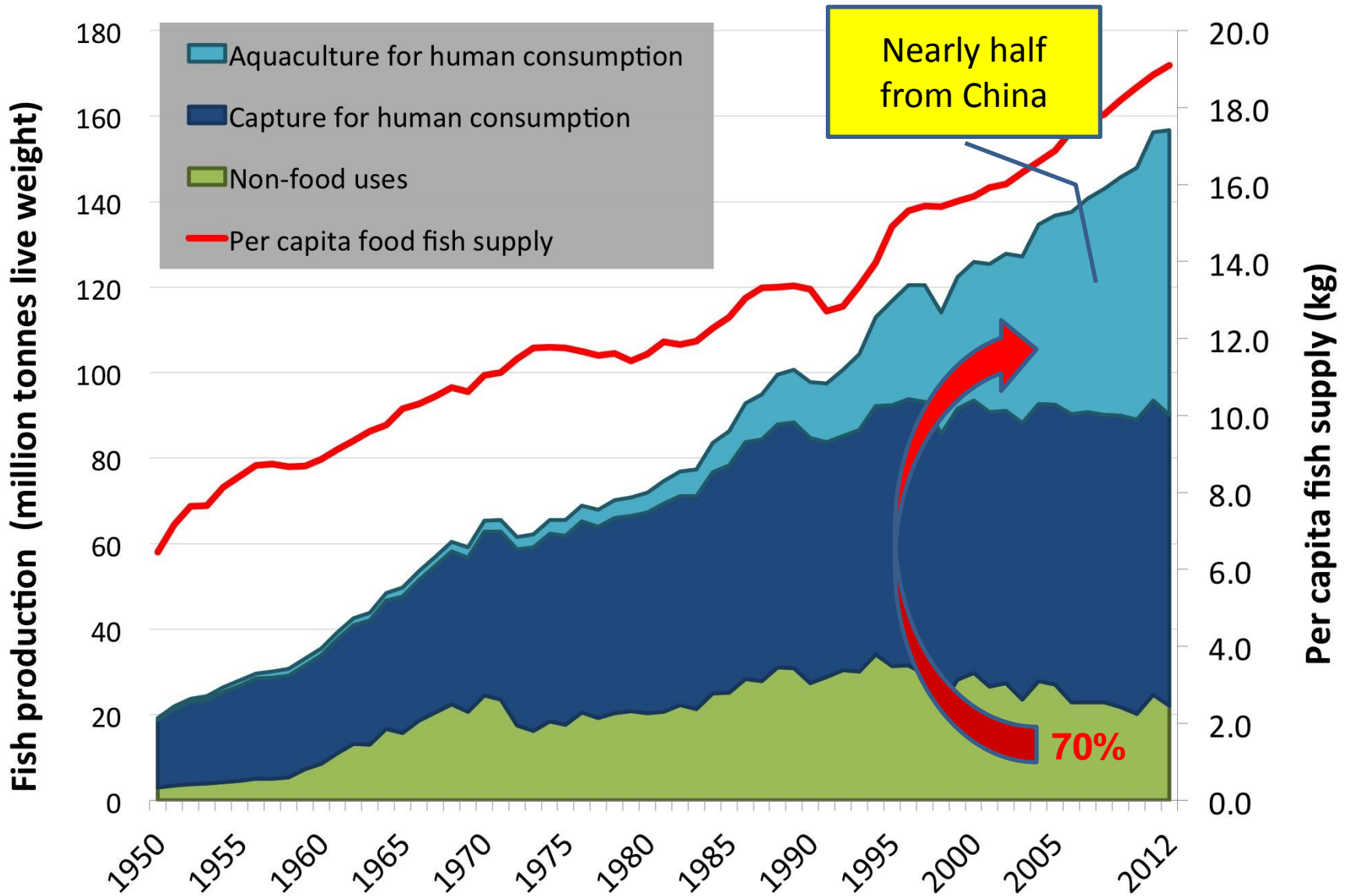
# Fish and Human health

## Primary sources of vitamin A and zinc





# Global production fisheries & aquaculture



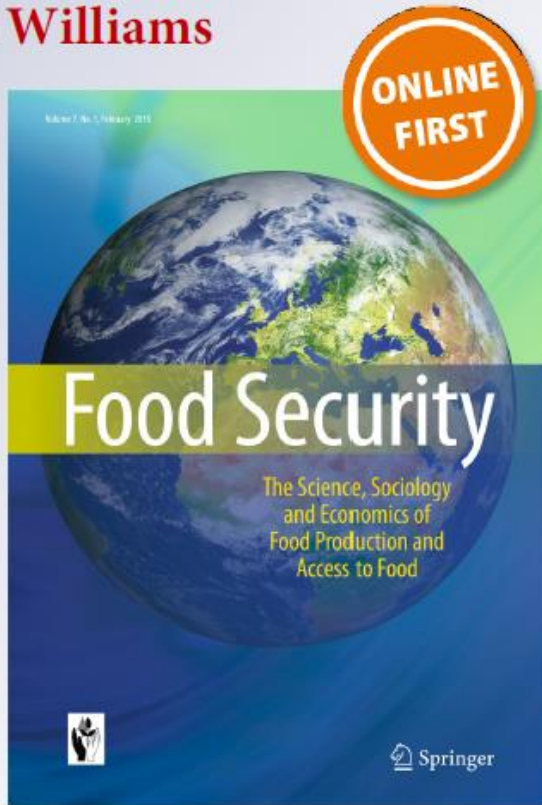
*Feeding 9 billion by 2050 – Putting fish back on the menu*

**Christophe Béné, Manuel Barange,  
Rohana Subasinghe, Per Pinstrup-  
Andersen, Gorka Merino, Gro-Ingunn  
Hemre & Meryl Williams**

**Food Security**  
The Science, Sociology and Economics  
of Food Production and Access to Food

ISSN 1876-4517

Food Sec.  
DOI 10.1007/s12571-015-0427-z



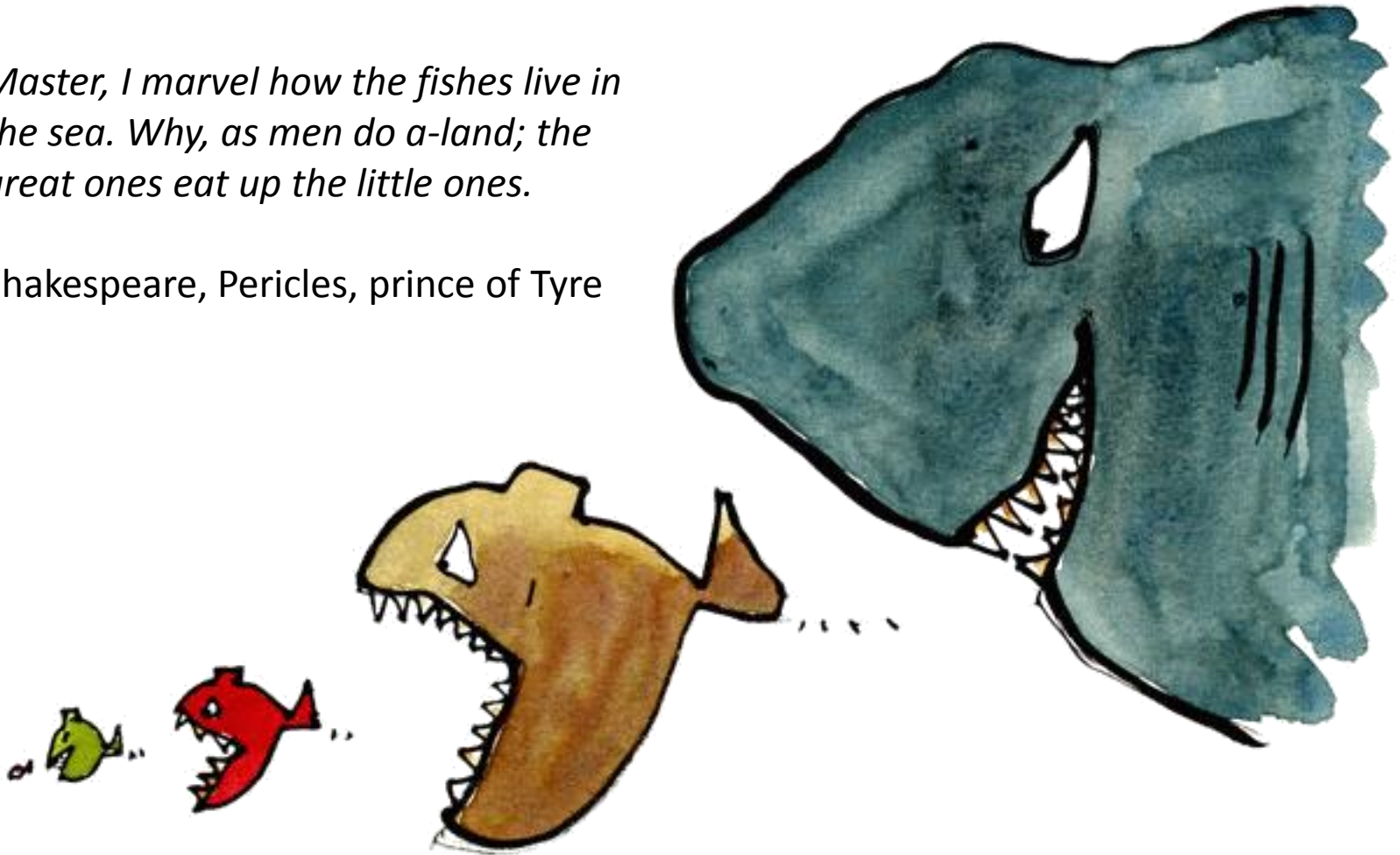
# The role of aquaculture?

“..in terms of efficiency, fish in aquaculture systems are very efficient converters of feed into protein – in fact far more efficient than most terrestrial livestock system.”

# Fish eat fish

*Master, I marvel how the fishes live in  
the sea. Why, as men do a-land; the  
great ones eat up the little ones.*

Shakespeare, Pericles, prince of Tyre

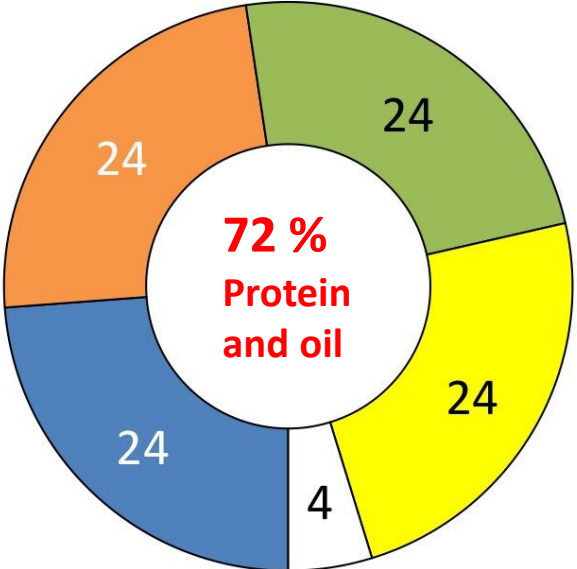




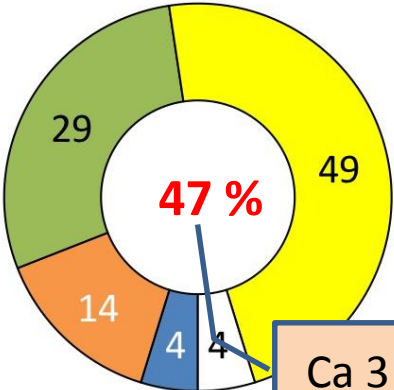
# Major categories of feed ingredients in aquaculture feeds

- Aquatic protein meals & oils
  - Terrestrial animal proteins & oils
  - Terrestrial plant proteins & oils
  - Other plant meals & fillers
  - Feed additives
- % = total combined protein and oil**

**Aquaculture feeds**

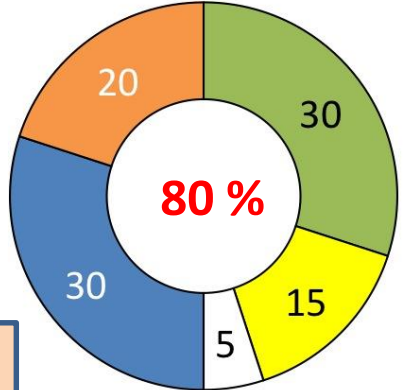


**HERBIVOROUS & OMNIVOROUS FISH**

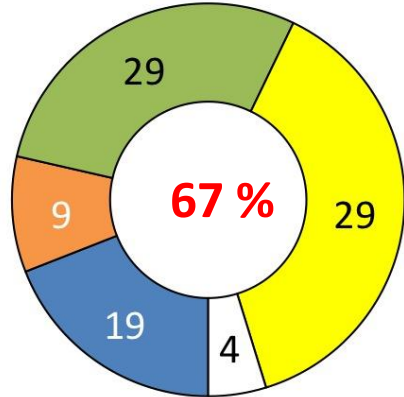


Ca 3 x pig feed

**MARINE & CARNIVOROUS FISH**



**PENAEID SHRIMP SPECIES**



# Feed, food and nutrition

|         | FCR = kg<br>formula<br>feed pr kg<br>meat |
|---------|---|
| Salmon  | 1.15                                      |
| Chicken | 1.79                                      |
| Pig     | 2.63                                      |

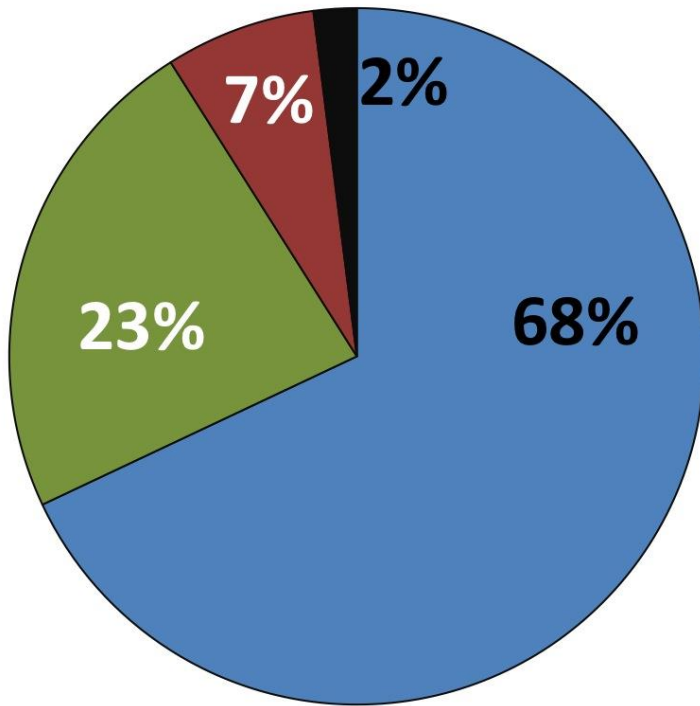
Source: Torrissen et al. 2013

|               | Metabolizable<br>energy ME (Kcal/g) |
|---------------|-------------------------------------|
| Fats          | 8.5                                 |
| Protein       | 4.5                                 |
| Carbohydrates | 1.2-3.2                             |

Fish are very **efficient** metabolizers of **protein** because of low cost of nitrogen excretion, but they are very **poor** metabolizers of **carbohydrates**, the cheapest and most abundant energy source in Nature

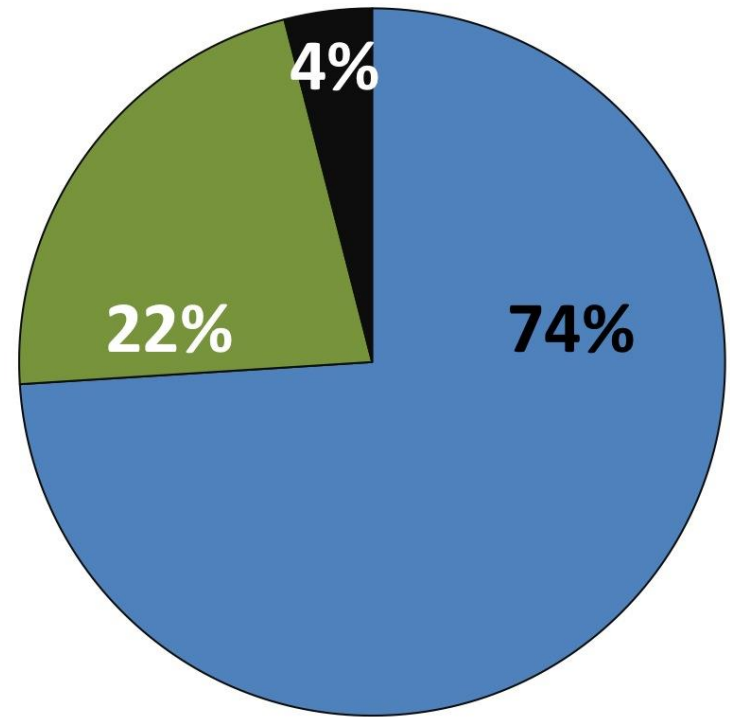
2012

Fishmeal uses\*



- Aquaculture
- Pig
- Chicken
- Other

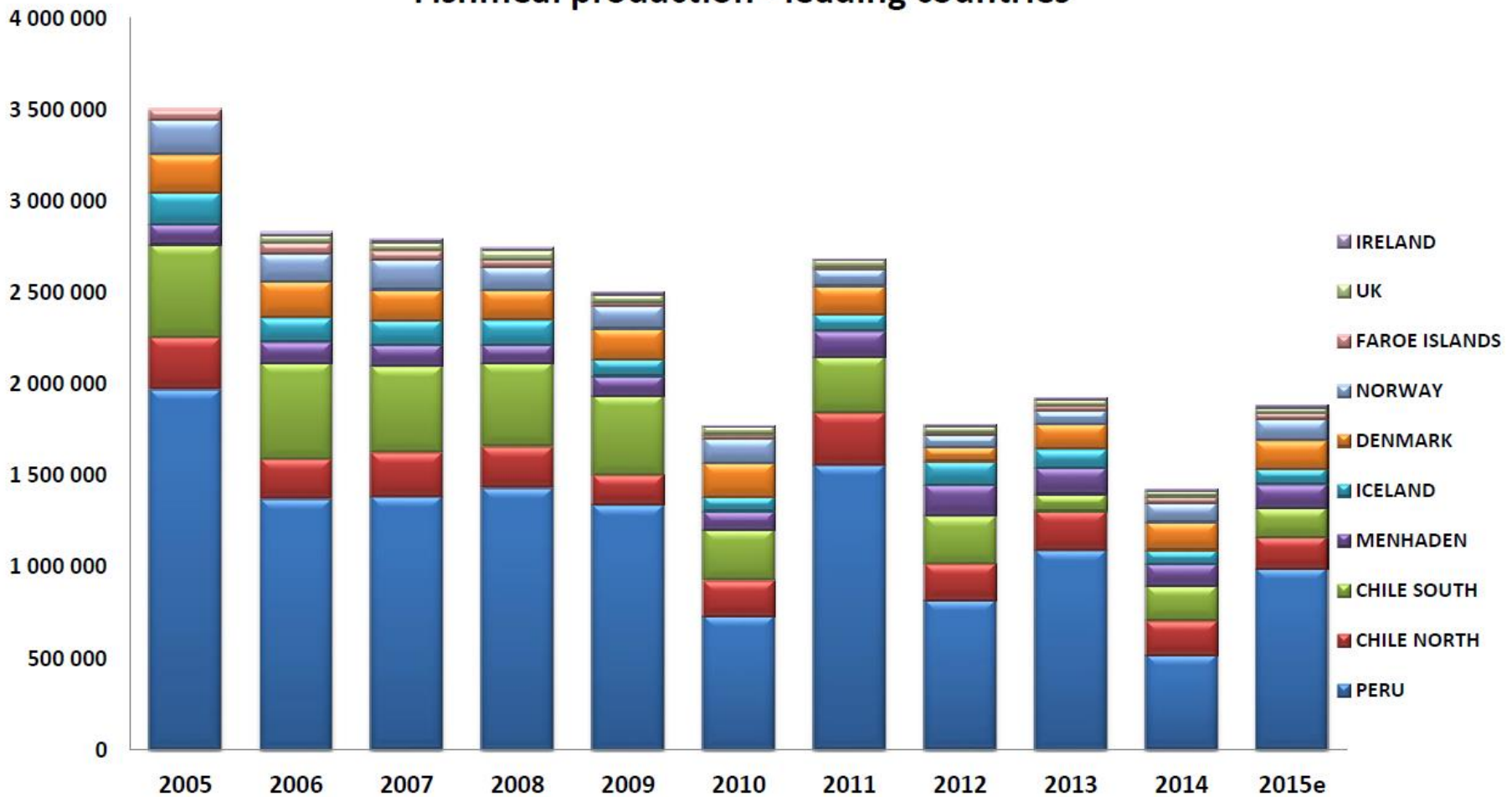
Fish oil uses



- Aquaculture
- Direct Human consumption
- Other uses

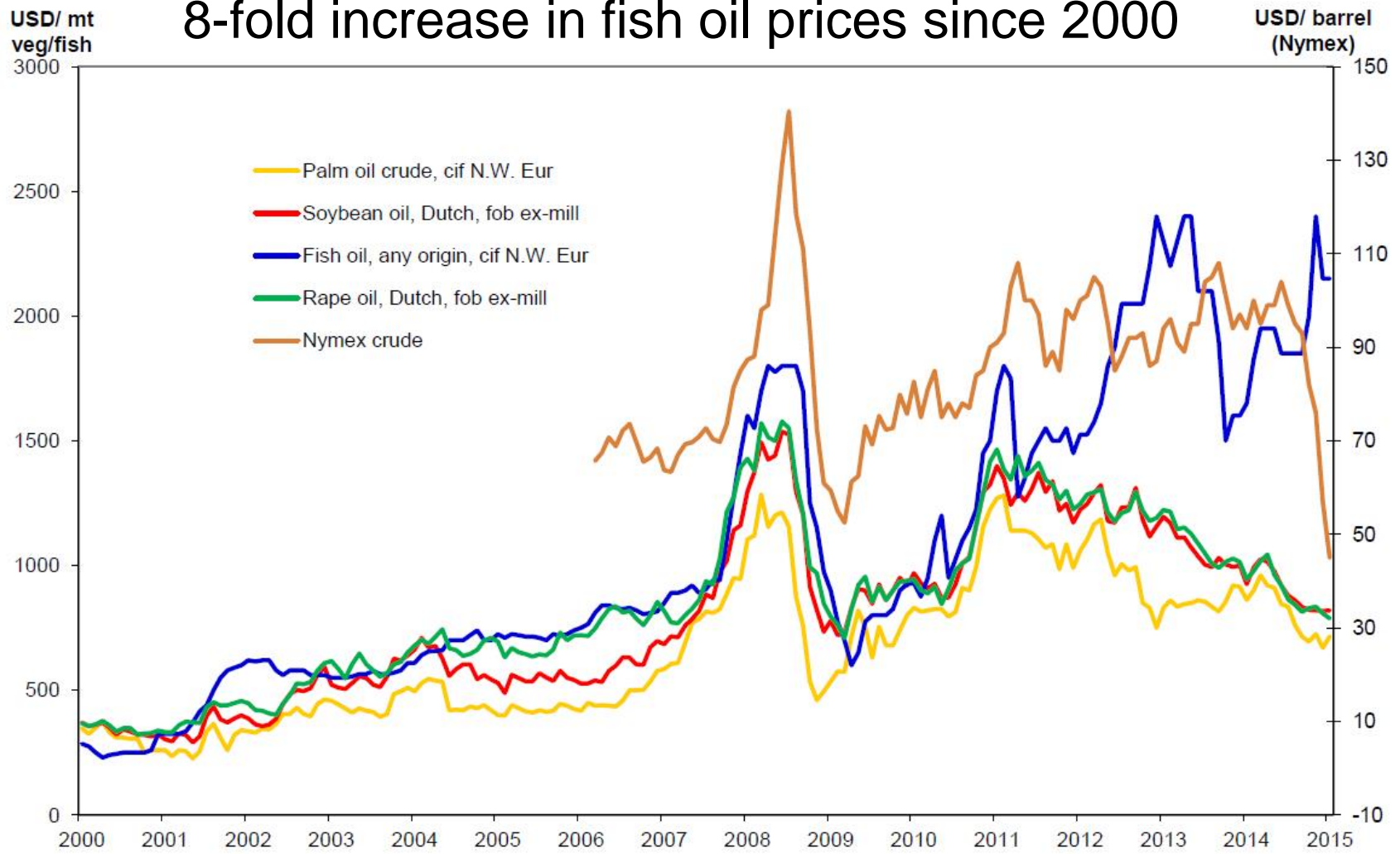


**Fishmeal production - leading countries**



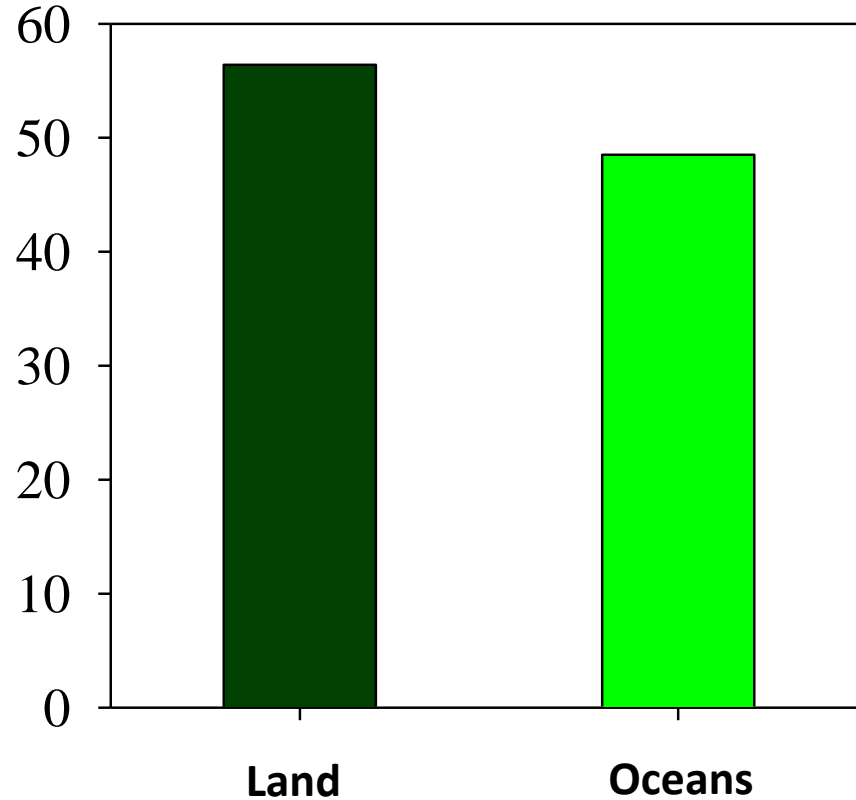


## 8-fold increase in fish oil prices since 2000



# Can we harvest the waters as land?

Global plant production  
Billion ton carbon (Giga t)



✓ 4-5% of the primary production on land is directly consumed by humans

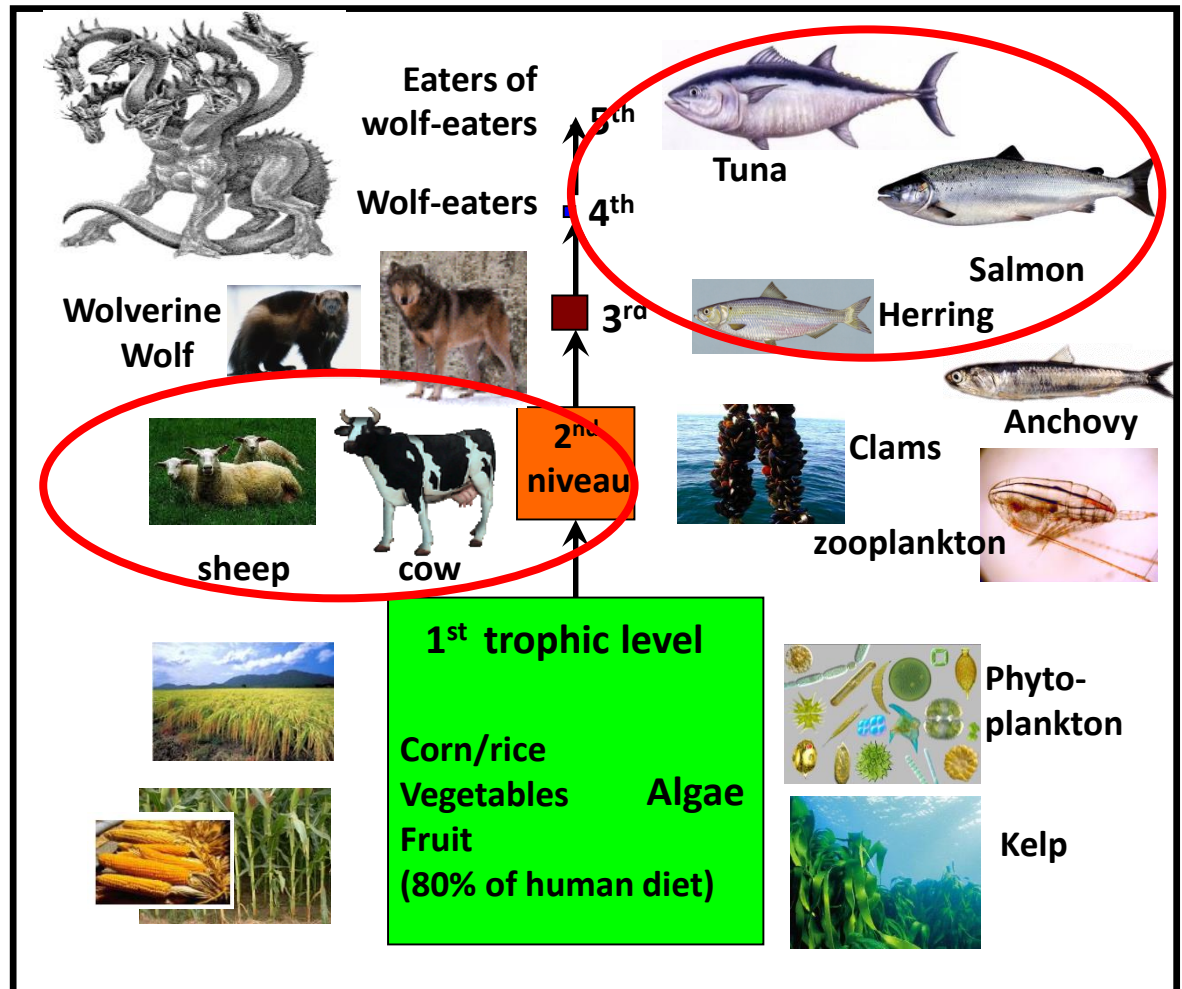


# The food chain in fisheries and agriculture

- 4-5% of the primary production (TL 1) on land is directly consumed by humans
- All domesticated animals for food are herbivores (TL 2)
- Humans (TL 2.21) feed 2 trophic levels higher in the oceans than on land
- Very inefficient utilization of the primary productivity

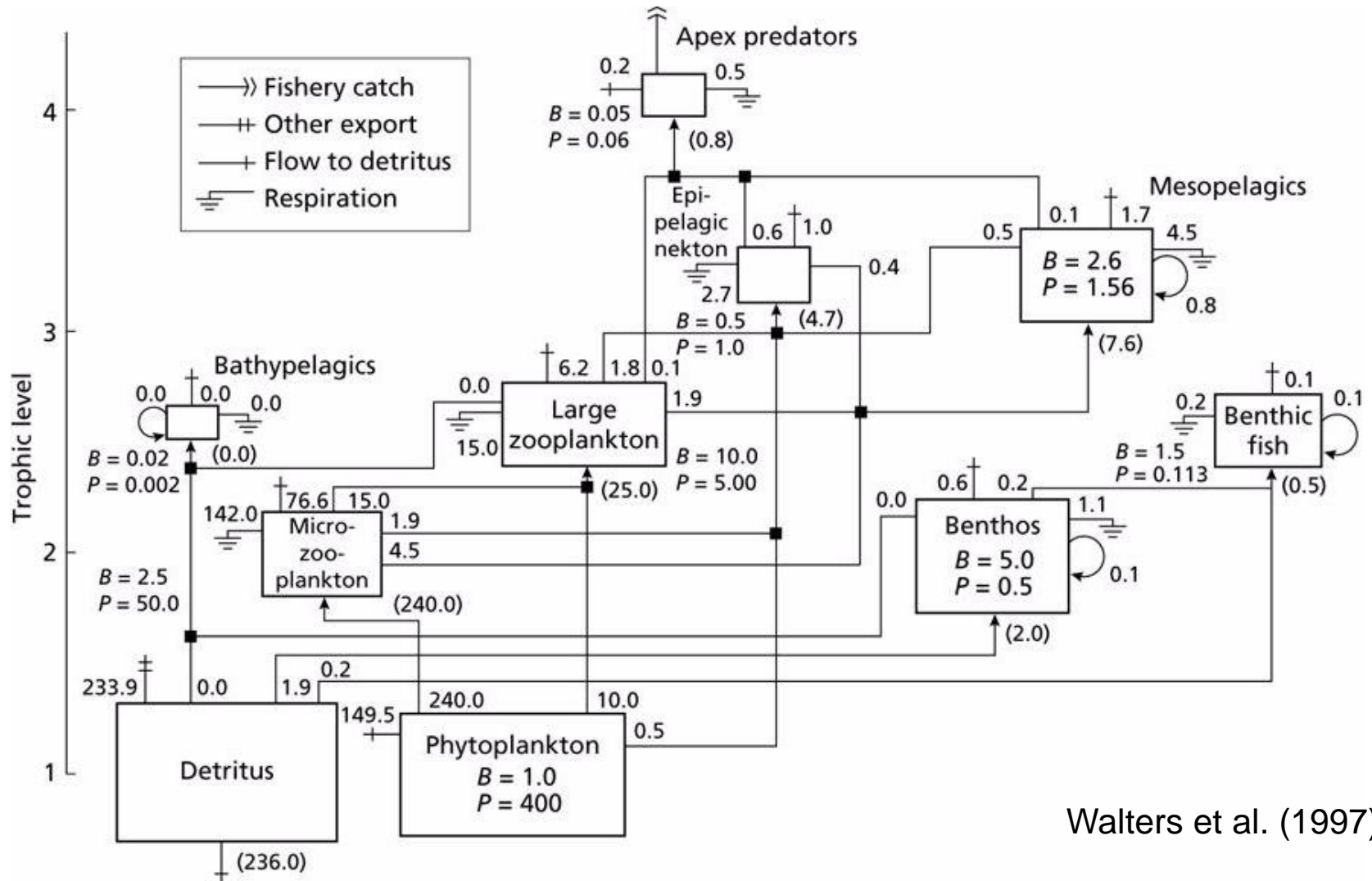
## Food chain agriculture

## Food chain fisheries



After Duarte et al 2009

# The ECOPATH trophic model



Flow diagram of the central South China Sea pelagic ecosystem in the 1980s. Arrows indicate flow (t km<sup>-2</sup>y<sup>-1</sup>) and boxes ( $\approx \log_{10}$  of B) the size of biomass (t km<sup>-2</sup>).



# The global picture: 150 Ecopath models from all over the world

Vol. 512: 155–166, 2014  
doi: 10.3354/meps10946

MARINE ECOLOGY PROGRESS SERIES  
Mar Ecol Prog Ser

Published October 9

*Contribution to the Theme Section 'Trophodynamics in marine ecology'*



## **A century of fish biomass decline in the ocean**

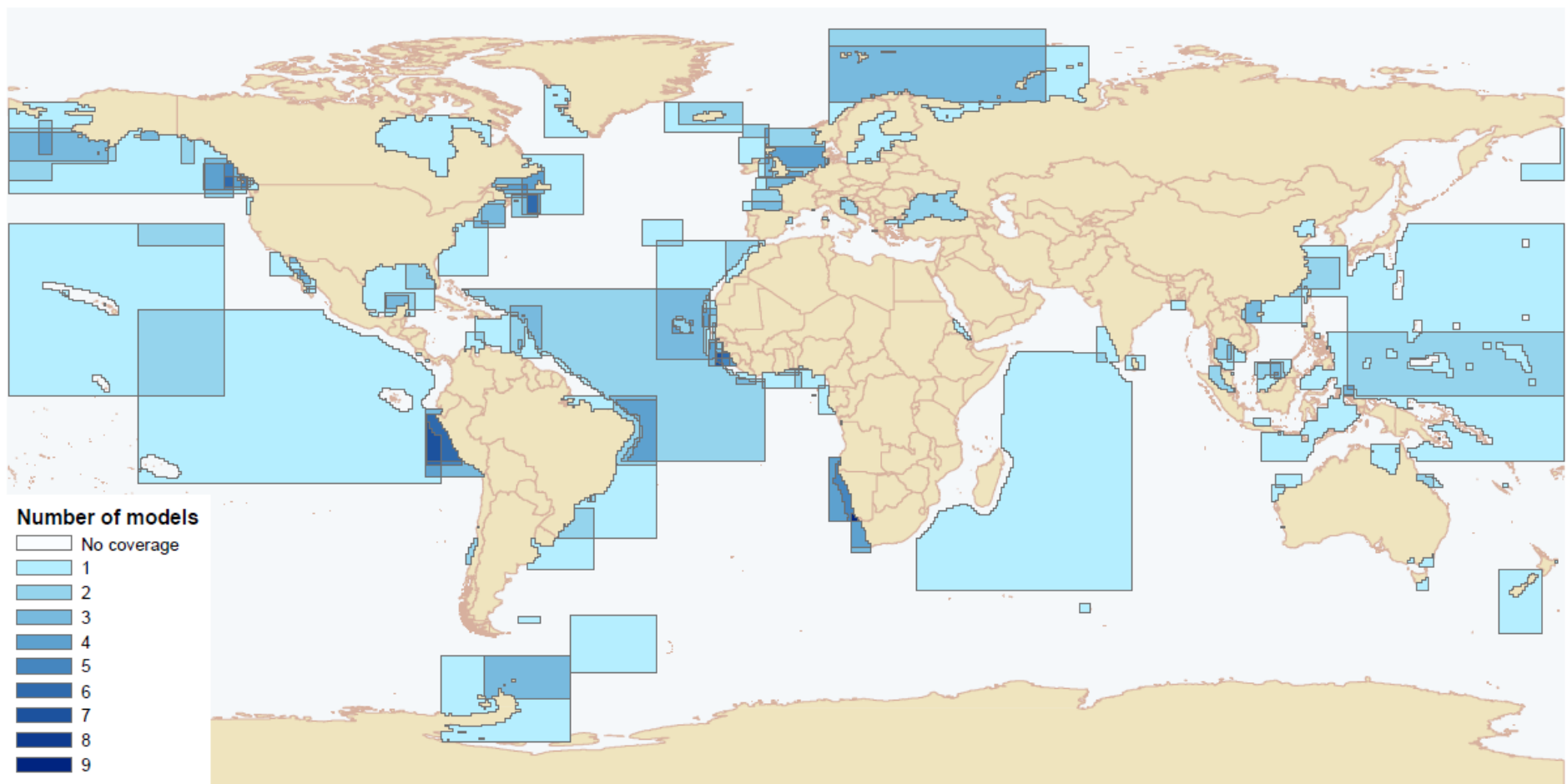
**Villy Christensen<sup>1,\*</sup>, Marta Coll<sup>2,3</sup>, Chiara Piroddi<sup>4</sup>, Jeroen Steenbeek<sup>3</sup>,  
Joe Buszowski<sup>3</sup>, Daniel Pauly<sup>1</sup>**

<sup>1</sup>Fisheries Centre, University of British Columbia, 2202 Main Mall, Vancouver, BC V6T 1Z4, Canada

<sup>2</sup>Institut de Recherche pour le Développement, UMR EME 212,  
Centre de Recherche Halieutique Méditerranéenne et Tropicale, Avenue Jean Monnet, BP 171, 34203 Sète Cedex, France,  
and Institute of Marine Science, ICM-CSIC, Passeig Maròtim de la Barceloneta, 37-49, Barcelona 08003, Spain

<sup>3</sup>Ecopath International Initiative Research Association, Barcelona, Spain

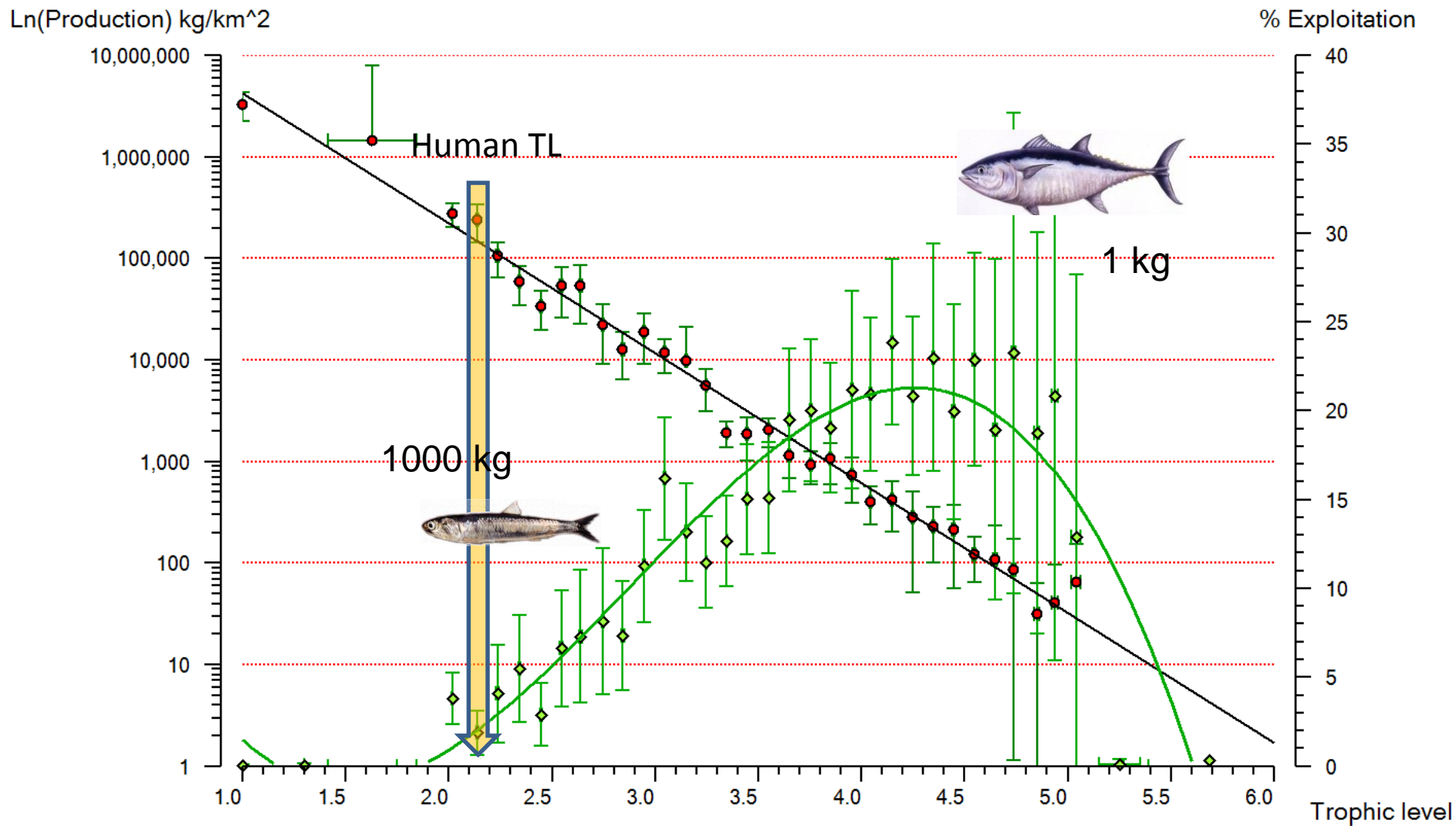
<sup>4</sup>European Commission - DG JRC, Institute for Environment and Sustainability, Water Resources Unit, Via E. Fermi,  
2749 - TP 272, 21027 Ispra, VA, Italy



**150 Ecopath models  $\approx$  40% of oceans**

# Global mean exploitation rate vs trophic level

Our highly selective fishing pattern is very unbalanced and very inefficient in terms of healthy food



NYT 2. April 2012

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The New York Times

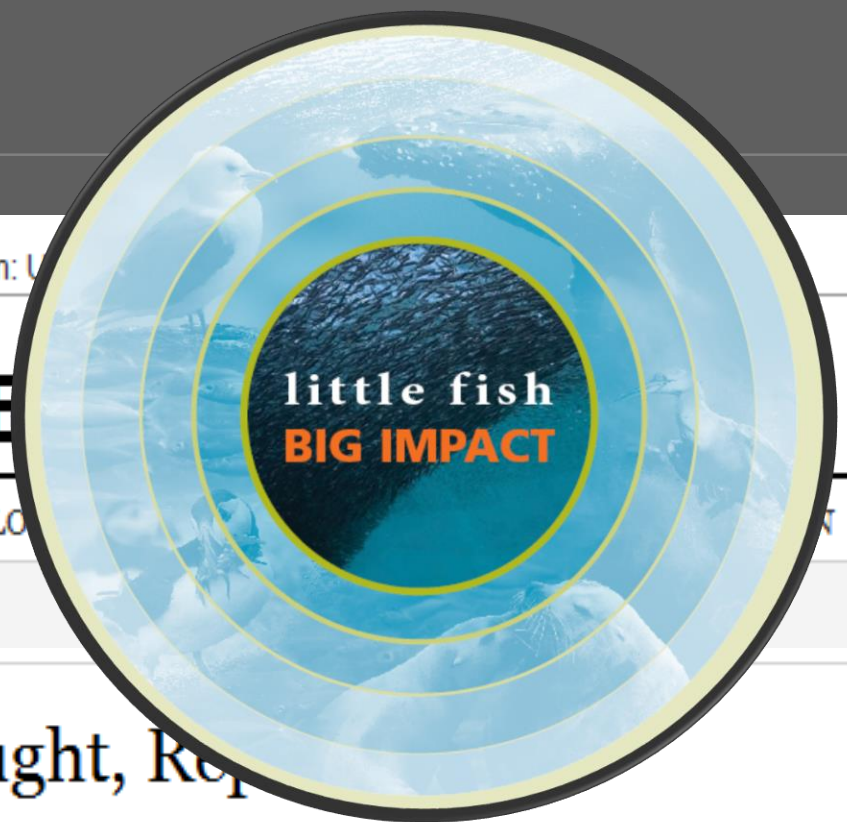
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U.S.

N.Y. / REGION

BUSINESS

TECHNOLO




## Too Many Small Fish Are Caught, Re

By HENRY FOUNTAIN


Published: April 2, 2012

An international group of marine scientists is calling for cuts in commercial fishing for sardines, herring and other so-called forage fish whose use as food for fish farms is soaring. The catch should be cut in half for some fisheries, the scientists say, to protect populations of both the fish and the natural predators that depend on them.

 RECOMMEND

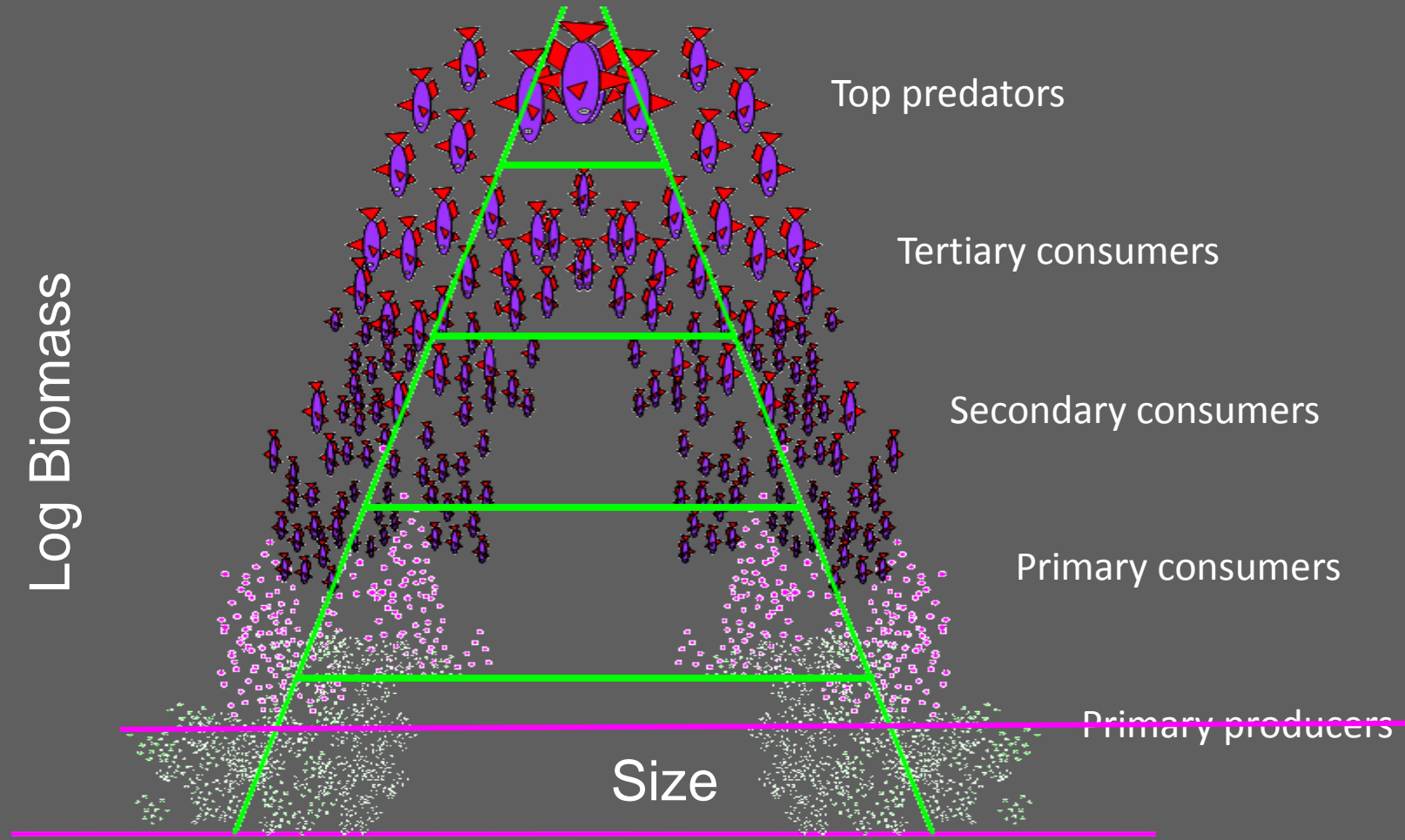
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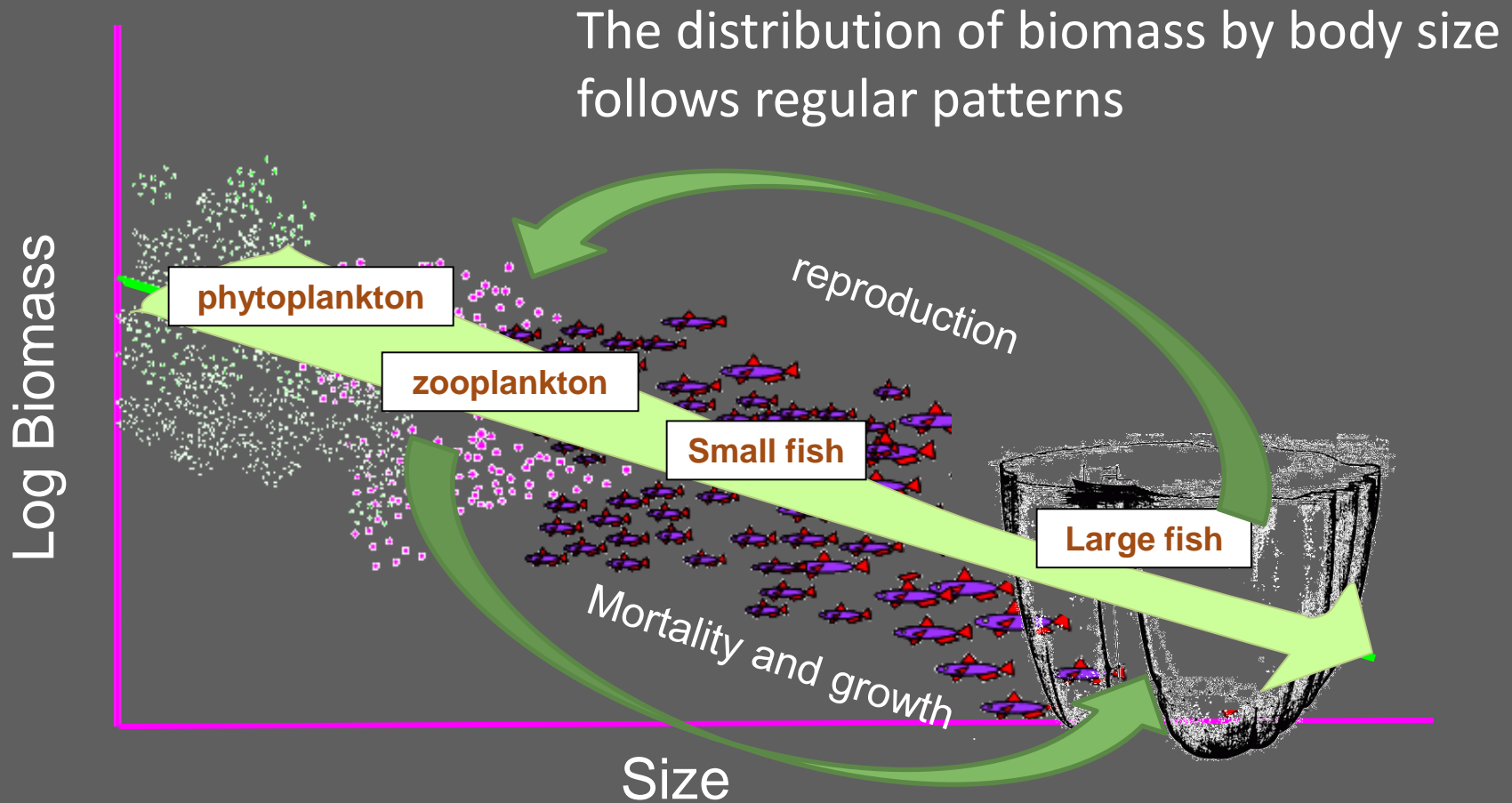
 PRINT

# The aquatic food web is size structured...



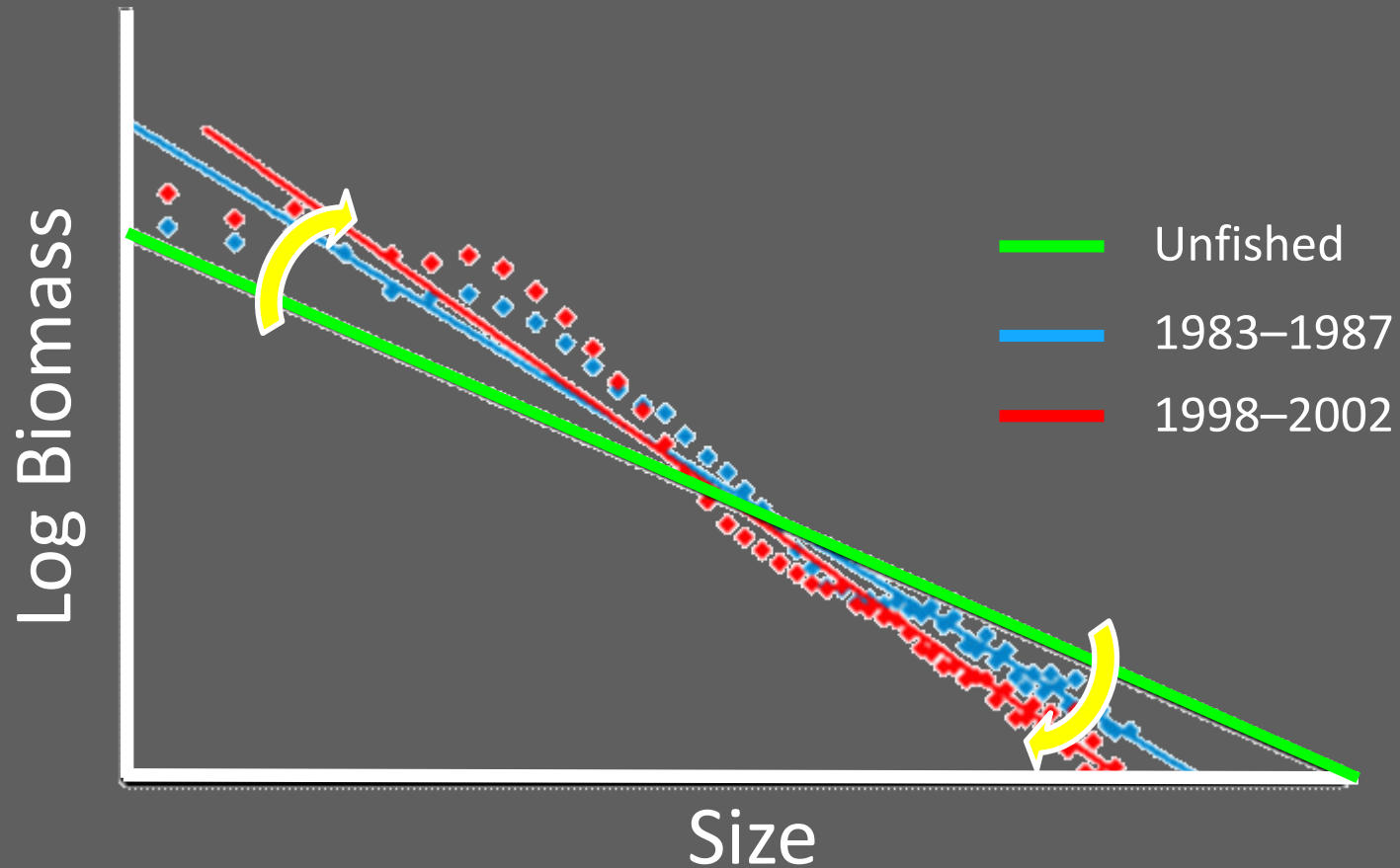
..abundance is inversely correlated with size

# Community size spectrum

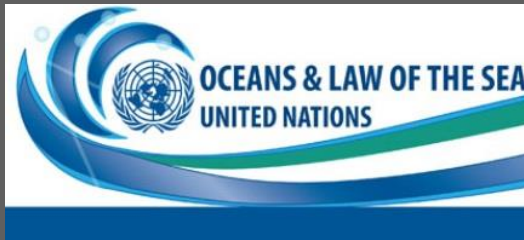


Under conventional selective fishing slope and intercept will change

# Changes in the North Sea



# How do we reconcile global objectives?



UNCLOS 1982; Johannesburg 2002 Declaration § 31 (a):  
«Stocks should be kept at biomass levels that can produce maximum sustainable yields (MSY).»



CBD Malawi principles for Ecosystem Approach:  
«A key feature of the ecosystem approach includes conservation of ecosystem structure and functioning»



## CONSERVATION

# Reconsidering the Cons of Selective Fisheries

S. M. Garcia,<sup>1\*</sup> J. Kolding,<sup>1,2\*</sup> J. Rice,<sup>1,3\*</sup> M.-J. Rochet,<sup>4\*†</sup> S. Zhong,<sup>5</sup> L. Borges,<sup>8</sup> A. Bundy,<sup>9</sup> D. Dunn,<sup>10</sup> E. A. Fulton,<sup>11</sup> M. Hall,<sup>12</sup> M. Hein,<sup>13</sup> A. D. Rijnsdorp,<sup>17</sup> F. Simard,<sup>18</sup> A. D. M. Smith<sup>11</sup>

Concern about the impact of fishing on ecosystems and fisheries production is increasing (1, 2). Strategies to reduce these impacts while addressing the growing need for food security (3) include increasing selectivity (1, 2): capturing species, sexes, and sizes in proportions that differ from their occurrence in the ecosystem. Increasing evidence suggests that more selective fishing neither maximizes production nor minimizes impacts (4–7). Balanced harvesting would more effectively mitigate adverse ecological effects of fishing while supporting sustainable fisheries. This strategy, which challenges present management paradigms, distributes a moderate mortality from fishing across the widest possible range of species, stocks, and sizes in an ecosystem, in proportion to their natural productivity (8), so that the relative size and species composition is maintained.

which are not going to be used,” i.e., by-catch (13). Fisheries worldwide have used species and size limits (9, 14), gear technology (5, 15), and spatial and temporal fishing restrictions (16) to reduce fishing impacts while pursuing human benefits.

But selective removals will inevitably alter the composition of a population or community and, consequently, ecosystem structure and biodiversity. Old individuals contribute the most to reproduction (17). Even moderate fishing reduces the proportion of

Balanced fishing across a range of species, stocks, and sizes could mitigate adverse effects and address food security better than increased selectivity.

species and individuals in the North Sea (22) (fig. S1). By contrast, in several African small-scale inland fisheries, the fish size spectrum (23) has been maintained under intense and diverse fishing activities that cause high mortality with low selectivity (5, 24) (fig. S1).

Results from models suggest that moderating fishing mortality across a wide range of species and sizes maximizes overall catch summed across species while better conserving biodiversity. Multispecies fishery models

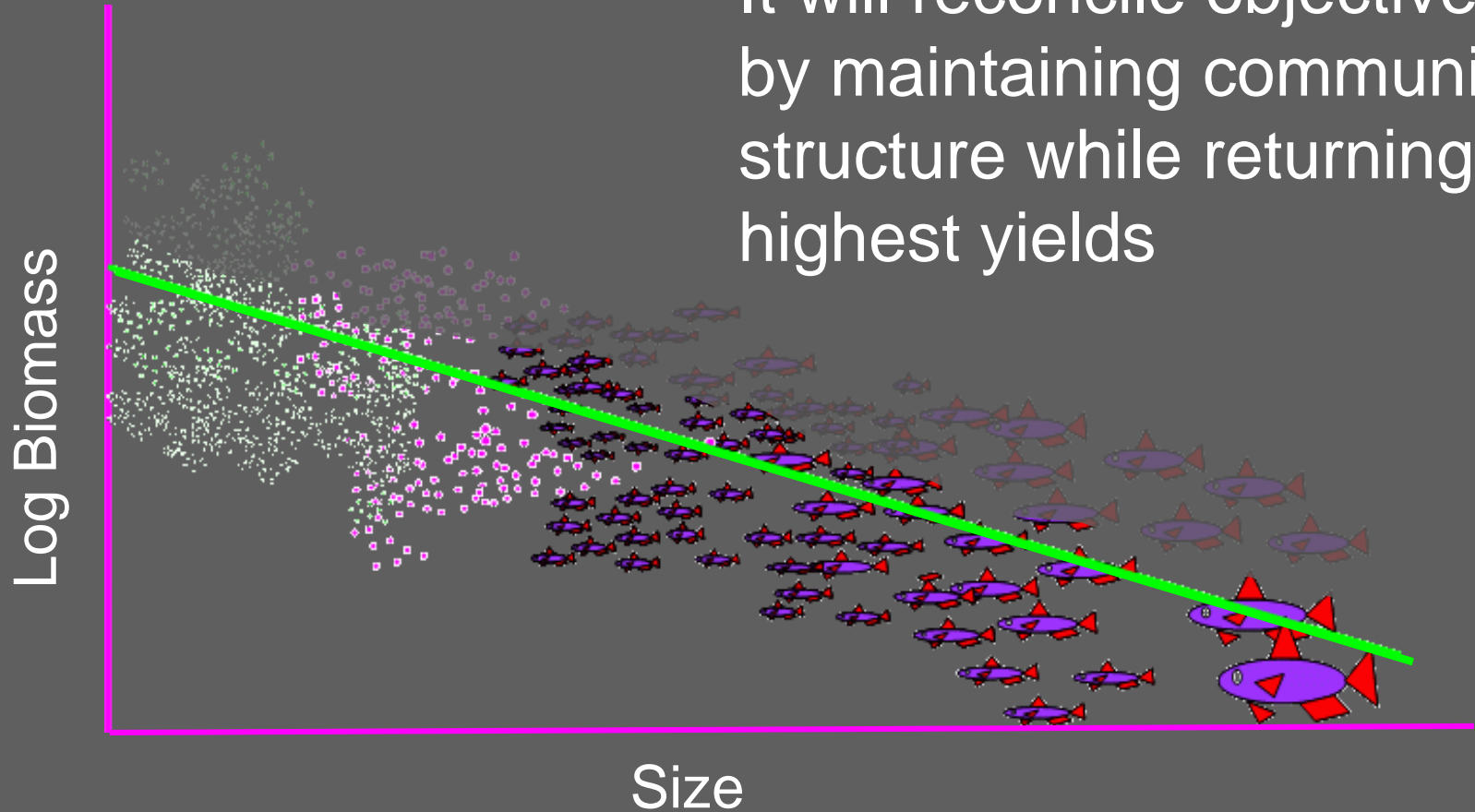
*Balanced harvesting ... distributes a moderate mortality from fishing across the widest possible range of species, stocks, and sizes in an ecosystem.*

large and old fish in a population. Selectively

show that increased mesh sizes may reduce

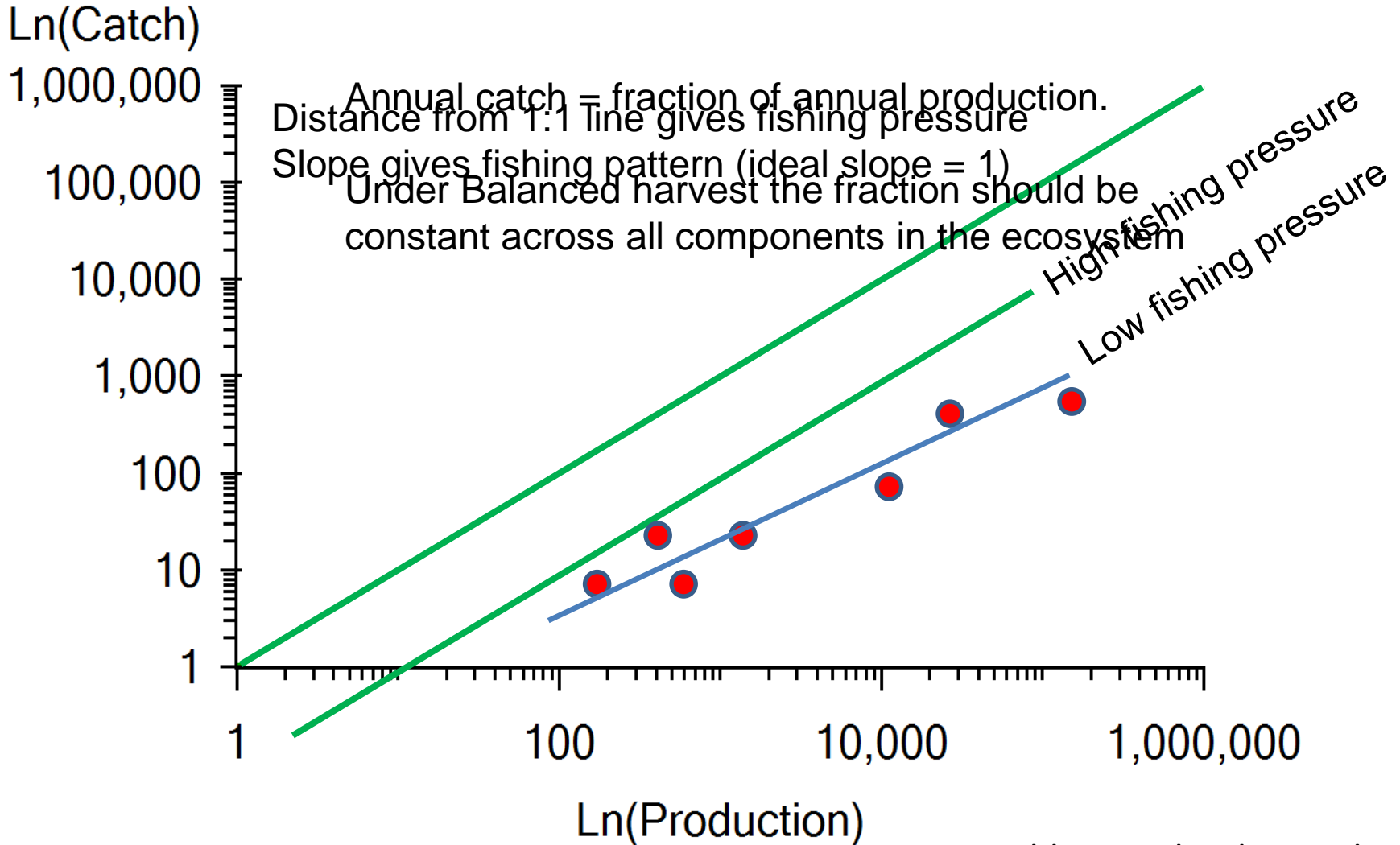
# Balanced harvesting... (Garcia et al 2012)

It will reconcile objectives by maintaining community structure while returning highest yields



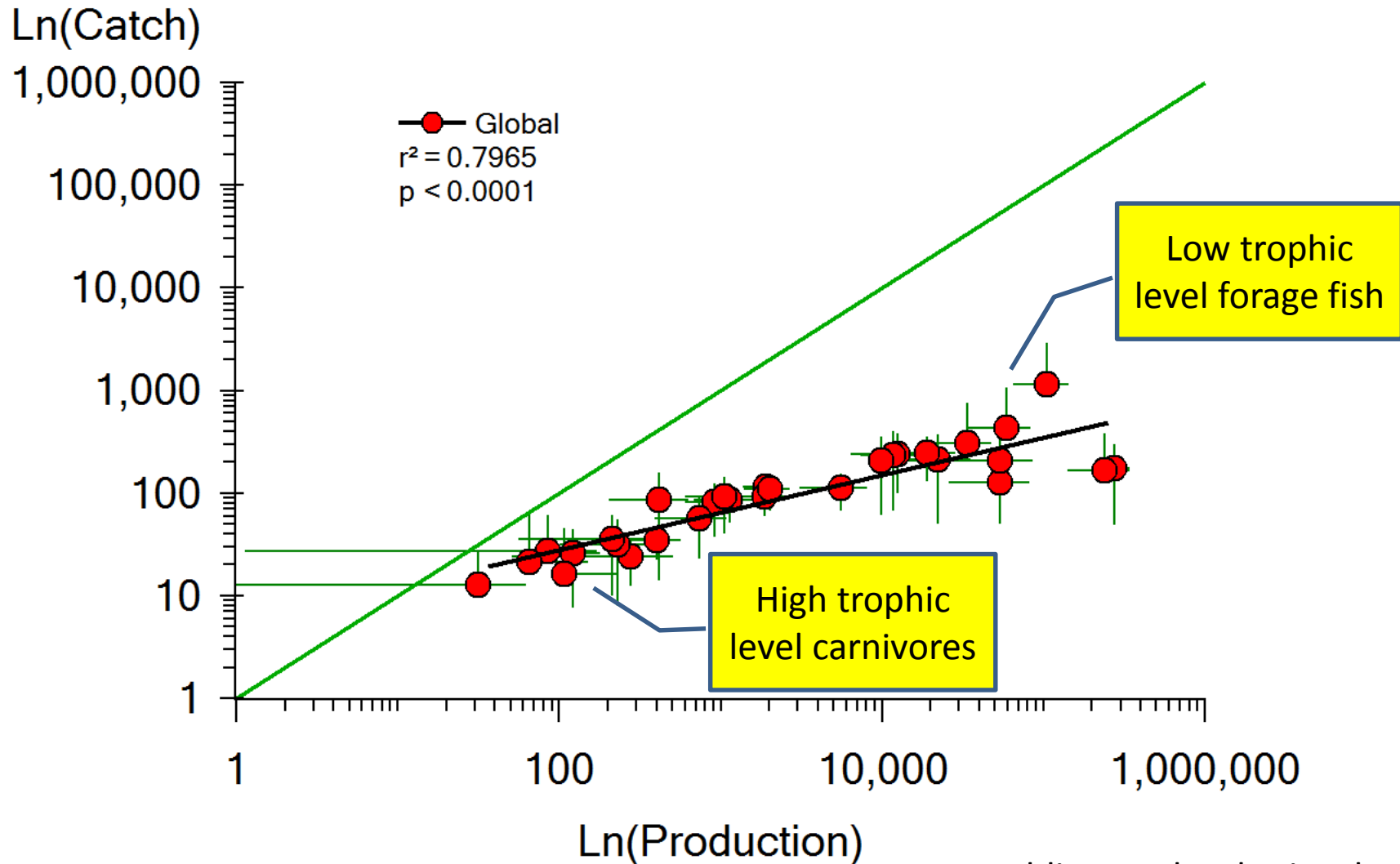
.. is fishing as many sizes and species as possible in proportion to natural productivity

# How to measure the balance?

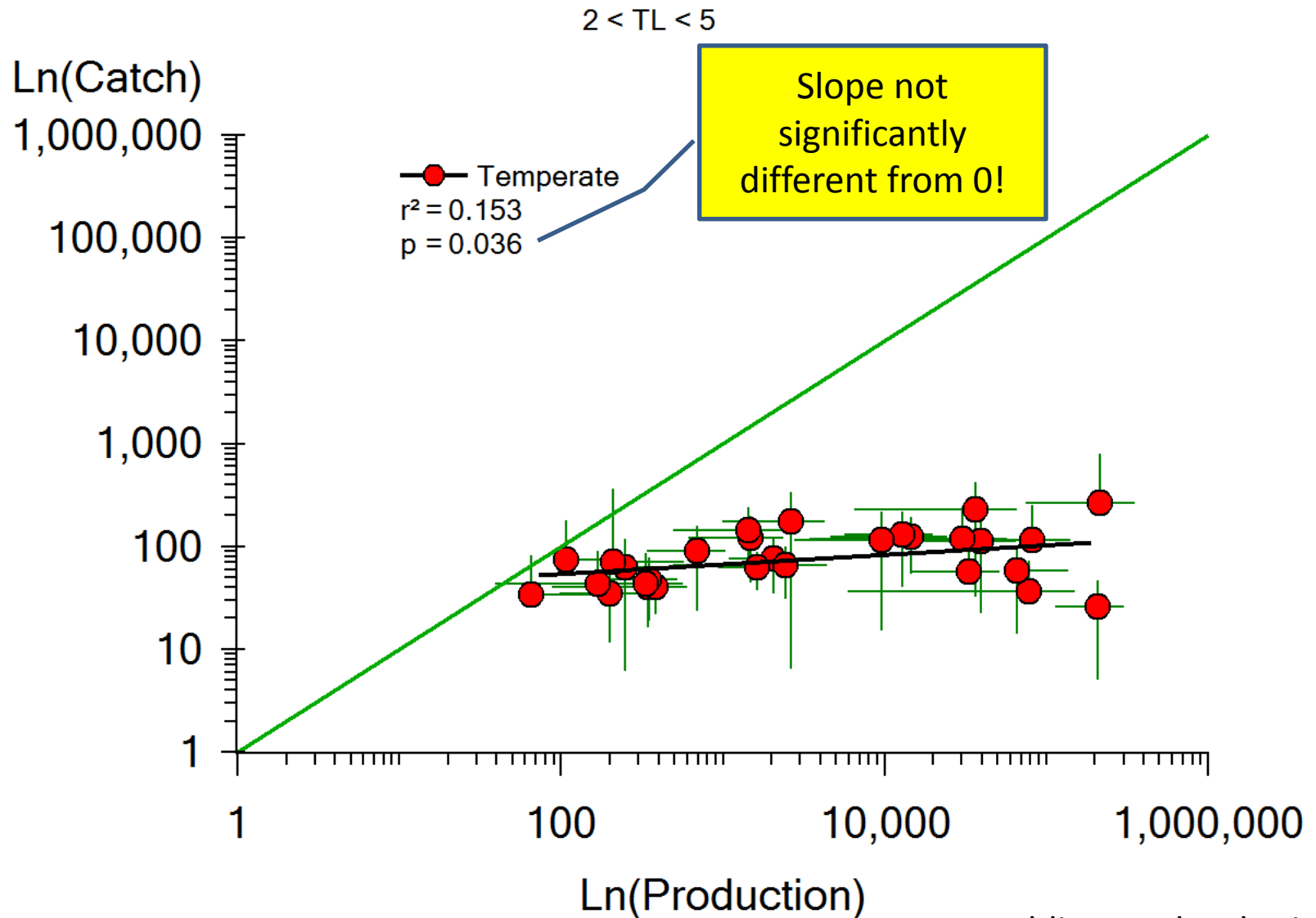


# Global fishing pattern (151 ecosystems)

$$2 < TL < 5$$

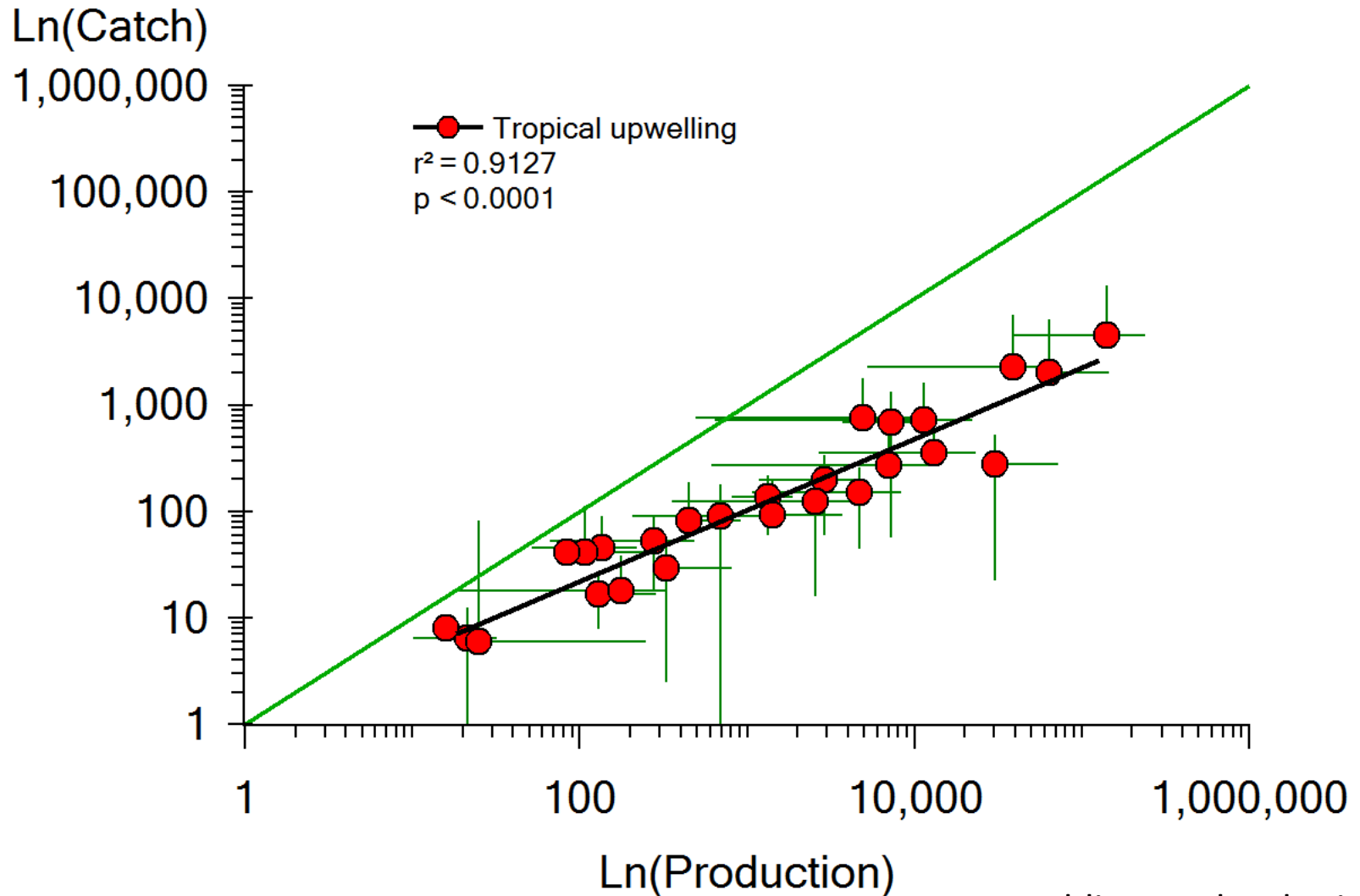


# Temperate fisheries (ICES, North Pacific)



# Tropical upwelling

$2 < TL < 5$



# Balanced harvest will reconcile objectives



Johannesburg 2002 Declaration § 31 (a) (MSY):

**We can sustainably increase the amount of food harvested (by fishing lower in the food chain)**



CBD Malawi principles for Ecosystem Approach:

**While keeping the ecosystem structure and functioning**

# Thank you



Photo by Modesta Medard